

CHALLENGE: AUTUMN EDITION

for teens

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SIT UNDER A TREE FOR AT
LEAST 5 MINUTES AND
REFLECT ON YOUR DAY
WHILE YOU LOOK AT THE
THINGS AROUND YOU

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BAKE AN APPLE PIE

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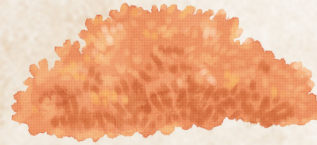
WRITE A LETTER TO A
FAMILY MEMBER

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COUNT AS MANY
SQUIRRELS AS YOU
SEE WITHIN 5
MINUTES

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NESTLE UNDER A
COMFY BLANKET AND
READ TODAY'S
PROVERB. FOR
INSTANCE, IF IT IS
OCTOBER 2ND, READ
PROVERBS 2

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RAKE A PILE OF LEAVES
FOR YOU AND YOUR
SIBLINGS TO JUMP IN!

☐

FIND 5 DIFFERENT
LEAVES AND PRESS
THEM IN A BOOK

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MEND A HOLE OR
PRACTICE SEWING
ON A BUTTON

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FULFILL A RANDOM ACT
OF KINDNESS FOR
SOMEONE TODAY

☐

JOURNAL ABOUT
SOMETHING THAT
THE LORD HAS BEEN
TEACHING YOU

AUTUMN IS THE PERFECT SEASON TO BEGIN SLOWING DOWN AND REFLECTING ON LIFE. IT'S ALSO A BEAUTIFUL OPPORTUNITY TO STEP INTO GOD'S CREATION AND EXPLORE THE OFTEN OVERLOOKED WONDERS AROUND US. WHAT TREASURES WILL YOU DISCOVER?

"FOR EVERYTHING THERE IS A SEASON, AND A TIME FOR EVERY MATTER UNDER HEAVEN:"
ECCLESIASTES 3:1

